



May Sunshine Pop-up Pantry Menu

Your boxes this month contain the ingredients to make the following meals. The recipes for these dishes are included in this packet.

Pizza

Hamburgers with Fresh Pineapple Slices and Carrots

Ground Beef Pasta Bake

Eggs, Sausage Patties, and Fresh

Cantaloupe

Tip: For a tasty sandwich, try peanut butter and apple slices (with or without sprinkled cinnamon) on white bread.

Extras included in this month's delivery include:

Oatmeal

Bread

Cereal

Pudding

We are eternally grateful to our partner Sunshine Brewing Co. and for the generous donations from Lake Mills community members!



Community Resources

The Bread Basket
Multiple pop-up pantries
throughout Jefferson County

<https://www.facebook.com/BreadBasketWisconsin>

Ruby's Pantry - Jefferson
4th Wednesday of every month
<https://www.facebook.com/RubysPantryImmanuelUMCJeffersonWI>

Lake Mills Food Pantry
920-648-2800
720 E. Lake St., Lake Mills

Second Harvest - Marshall/Waterloo
4th Friday of every month
Holy Trinity Lutheran Church, 605
Madison Street, Marshall
Start time: 1:00 pm until all food is
distributed.

No restrictions, EVERYONE in need
is welcome and served. No ID
necessary.

Second Harvest - Fort Atkinson
2nd Thursday of every month
St Joseph's Catholic Church, 1650
Endl Boulevard, Fort Atkinson
Start time: 2:00 pm until all food is
distributed.

No restrictions, EVERYONE in need
is welcome and served. No ID
necessary

Recipes

No Boil Pasta Bake

Ingredients:

1 lb ground beef
1 16 oz box pasta
(Rigatoni, Penne, Rotini
or Ziti)
1 24 oz jar tomato pasta
sauce
1 full jar water (24
ounces)
2 cups shredded marble
jack

Steps:

1. PREHEAT oven to 425 degrees.
2. Brown ground beef in skillet.
3. Drain.
4. Combine ground beef, uncooked pasta, 1 jar of tomato pasta sauce and 1 jar of water in a 13 x 9 inch baking pan.
5. Cover with aluminum foil.
6. Bake for 30 minutes.
7. Uncover and stir well.
8. Top with cheese.
9. Bake uncovered for an additional 10 minutes or until cheese melts and pasta is tender.